

# Advanced First Aid

## Three-Day Program Overview

The All Aid First Aid three-day Advanced First Aid Program is for those who seek to develop a solid knowledge and skill base aimed at managing a wide range of possible first aid emergencies that may occur in an urban setting. This course is highly practical and includes a variety of realistic training scenarios that demand that each participant draw on their past knowledge and engage their new skills to manage these hypothetical emergencies. Training in this practical manner exceeds all other forms of first aid training. Embedded within this program are the elements of the Advanced First Aid unit of competence that include the use of oxygen for therapy and resuscitation, spinal immobilization equipment, patient monitoring equipment and pain relief medication.

**Qualifications** – this program awards the following two nationally recognised and Work Cover approved units of competency to participants who are deemed competent in all areas of assessment:

- HLTA301B - Apply First Aid
  - HLTA402B – Provide Advanced First Aid
- The above units are issued for three years – the CPR component should be recertified annually to maintain competence.

**Prerequisites** –

- Pre-course reading and workbook
- Participants must be 14yrs or older

**Assessment** – this course has four modes of assessment:

1. Completion of pre-course workbook
2. On-course participation for entire duration of training program
3. Practical assessments (including CPR) in a scenario-based environment
4. Multiple choice examination

\*We do make provision for those with learning difficulties – contact us for details.

**Requirements** – participation in this All Aid First Aid course requires that participants have a preparedness to be on the floor practicing skills and the willingness to engage wholly in scenario-based practical sessions.

**Remote Area Training** – if your operations involve work in remote or wilderness locations in Australia or overseas please consider a Wild Aid First Aid program as these courses specialize in extended care for those working, living or recreating in isolated areas.



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The curriculum of the All Aid First Aid three-day Advanced First Aid Program is focused around the effective use of the All Aid Emergency Response Model – this model is the foundation for responding to any serious emergency.

The practical curriculum generally involves the management of:

- + The injured person, minor to severe
- + The person with breathing difficulties
- + The person who becomes suddenly ill
- + The unconscious person
- + The non-breathing person (CPR/AED)

Specific subjects covered in the practical training program include:

- + Shock
- + Spinal Injuries (including the use of cervical collars)
- + Bleeding
- + Limb injuries
- + Bites and Stings
- + Diabetic emergencies (including assessing blood glucose levels)
- + Seizures/Fits
- + Asthma emergencies
- + Anaphylaxis / Allergic Reactions
- + Heat & Cold Injuries
- + Improvised Lifting & Moving techniques
- + Lifting and Moving with stretchers
- + Small wound and blister management
- + Sprains and Strain assessment and strapping/taping
- + Management of infectious diseases
- + Advanced splinting techniques including traction splinting
- + Wound cleaning and closure session
- + Assessing blood pressure
- + Managing a helicopter evacuation
- + Administering pain relief via analgesic gas
- + The use of oxygen for therapy and for resuscitation
- + Responding to multi-person (triage) emergencies



There are a number of training scenarios in this program that see participants respond to a variety of realistic mock emergencies in small teams or on their own, challenging them to engage the skills taught on the program.