



Apply First Aid for Childcare Workers

One-Day Program Overview (Flexible Delivery)

The All Aid First Aid one-day Apply First Aid Program for Childcare Workers is based on a 'flexible delivery' mode that sees participants complete pre-course reading and a workbook prior to the day of practical training. This program is for those who seek to develop a knowledge and skill base aimed at managing a wide range of possible first aid emergencies that may occur in a childcare environment. This course is highly practical and includes a variety of training scenarios that demand that each participant draw on their past knowledge and engage their new skills to manage these hypothetical emergencies. Training in this practical manner exceeds all other forms of first aid training.



Qualification – this program awards the following nationally recognised and Work Cover approved unit of competency to participants who are deemed competent in all areas of assessment:

+ HLTF301B - Apply First Aid

The above unit is issued for three years – the CPR component should be recertified annually to maintain competence. The Department of Community Services and Work Cover accept this unit as best practice in the Childcare industry.

Prerequisites –

1. Participants must be 14yrs or older
2. Pre-course reading and a workbook

Assessment – this course has four modes of assessment:

1. Completion and submission of the pre-course workbook
2. On-course participation for entire duration of training program
3. Practical assessments (including CPR) in a scenario-based environment
4. Multiple choice examination

*We do make provision for those with learning difficulties – contact us for details.



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Requirements – participation in this All Aid First Aid course requires that participants have a preparedness to be on the floor practicing skills and the willingness to engage wholly in scenario-based practical sessions.

The curriculum of the All Aid First Aid one-day Apply First Aid Program for Childcare Workers (flexible delivery) is focused around the effective use of the All Aid Emergency Response Model – this model is the foundation for responding to any serious emergency.

The practical curriculum, which has an emphasis on infants and children, involves the general management of:

- + The injured person, minor to severe
- + The person with breathing difficulties
- + The person who becomes suddenly ill
- + The unconscious person
- + The non-breathing person
(CPR & Defibrillation)

Specific subjects covered in the practical training program include:

- + Shock
- + Spinal Injuries
- + Bleeding
- + Limb injuries
- + Diabetic emergencies
- + Seizures/Fits
- + Asthma emergencies
- + Bites and Stings
- + Anaphylaxis / Allergic Reactions
- + Infant & Child specific emergencies



There are a number of training scenarios in this program that see participants respond to a variety of realistic mock emergencies in small teams or on their own, challenging them to engage the skills taught on the program.

Some of our current and satisfied clients involve:

- + Playgroups NSW
- + Pippies at Balmoral (child care centre)
- + Universal Education Centre (child care training college)
- + Play Ball (children's sports organization)
- + Many mother's groups around Sydney