

Apply First Aid

Two-Day Program Overview

The All Aid First Aid two-day Apply ('Senior') First Aid Program is for those who seek to develop a knowledge and skill base aimed at managing a wide range of possible first aid emergencies that may occur in an urban setting, where ambulance response time or access to medical services will not be greatly delayed. This course is highly practical and includes a variety of realistic training scenarios that demand that each participant draw on their past knowledge and engage their new skills to manage these hypothetical emergencies. Training in this practical manner exceeds all other forms of first aid training.

Qualification – this program awards the following nationally recognised and Work Cover approved unit of competency to participants who are deemed competent in all areas of assessment:

+ HLTFA301B - Apply First Aid

The above unit is issued for three years – the CPR component should be recertified annually to maintain competence.

Prerequisites – participants must be 14yrs or older

Assessment – this course has three modes of assessment:

1. On-course participation for entire duration of training program
2. Practical assessments (including CPR) in a scenario-based environment
3. Multiple choice examination

*We do make provision for those with learning difficulties – contact us for details.



Requirements – participation in this All Aid First Aid course requires that participants have a preparedness to be on the floor practicing skills and the willingness to engage wholly in scenario-based practical sessions.

Remote Area Training – if ambulance response times or access to medical services will be delayed due to remoteness please consider a Wild Aid First Aid program as these courses specialize in extended care for those working, living or recreating in remote areas.



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The curriculum of the All Aid First Aid two-day Apply ('Senior') First Aid Program is focused around the effective use of the All Aid Emergency Response Model – this model is the foundation for responding to any serious emergency.

The practical curriculum generally involves the management of:

- + The injured person, minor to severe
- + The person with breathing difficulties
- + The person who becomes suddenly ill
- + The unconscious person
- + The non-breathing person (CPR & Defibrillation)

Specific subjects covered in the practical training program include:

- + Shock
- + Spinal Injuries
- + Bleeding
- + Limb injuries
- + Diabetic emergencies
- + Seizures/Fits
- + Asthma emergencies
- + Bites and Stings
- + Anaphylaxis / Allergic Reactions
- + Heat & Cold Injuries
- + Poisoning



There are a number of training scenarios in this program that see participants respond to a variety of realistic mock emergencies in small teams or on their own, challenging them to engage the skills taught on the program.

Recent student feedback from the two-day Apply ('Senior') First Aid Program:

"I wanted to write to you and express thanks, to both you and your staff for such a useful and informative First Aid Course that was provided to myself and staff. I have had nothing other than positive feedback from everyone that participated. When I put the course to my staff, I thought one or two people may be interested, but we had 10 out of 15 people interested in doing the course. A lot of them commented on how much things have changed since they last did First Aid or similar courses, many of them saying it was a great 'refresher'. We have decided to continue doing 'refresher' courses annually, or as regularly as recommended by yourself. I have already referred you on to other businesses (friends of mine) and would have no hesitation in endorsing your course if you need a reference point".

Jason, SNAP Printing